



A WELLNESS AND RECOVERY CENTER

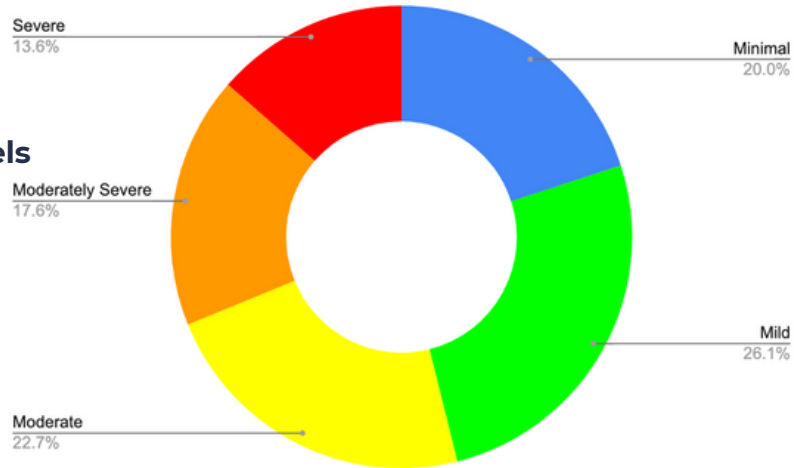


IMPACT STATEMENT: Outcomes and Demographics

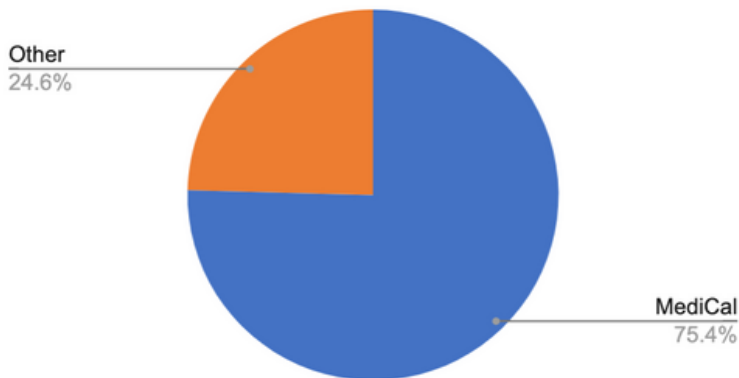
IMPACT OF PROGRAM

Each participant completes an industry-standard self-report questionnaire to measure their mental health at the time of entering the program. The questionnaire is provided every two months for updates.

- **68.8%** of participants have shown an improvement in their levels by going from severe and moderately severe depression to moderate, mild, and minimal depression
- **96%** reported improved overall mental health since attending
- **94%** reported improvement in reducing use of substances since attending



Health Coverage



*Nate's Place does not bill MediCal or any insurance company and there is no charge for services.

- **Four out of five participants state they have shown significant improvements in reducing substance misuse since joining Nate's Place.**
- **As of January 31, 2025, 75.4% of current Nate's Place participants are enrolled in Medi-Cal.** The young participants and their families benefit greatly from the free services and on-going support provided by Nate's Place: A Wellness and Recovery Center.



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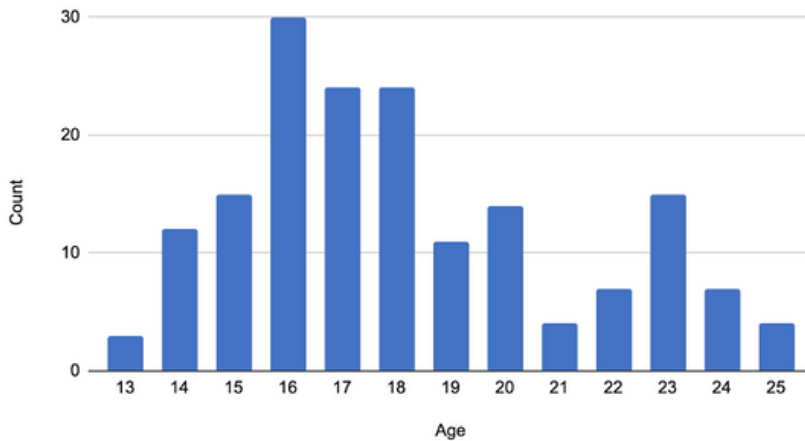
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natesplacewellnesscenter.org

A non-profit serving teens and young adults

Nate's Place

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Age Demographics



REVIEW

From February 2023 to January 2025, Nate's Place has successfully supported teens and young adults ranging from ages 13 to 25 years old.

The majority of individuals currently served are 16, 17, and 18 years of age.

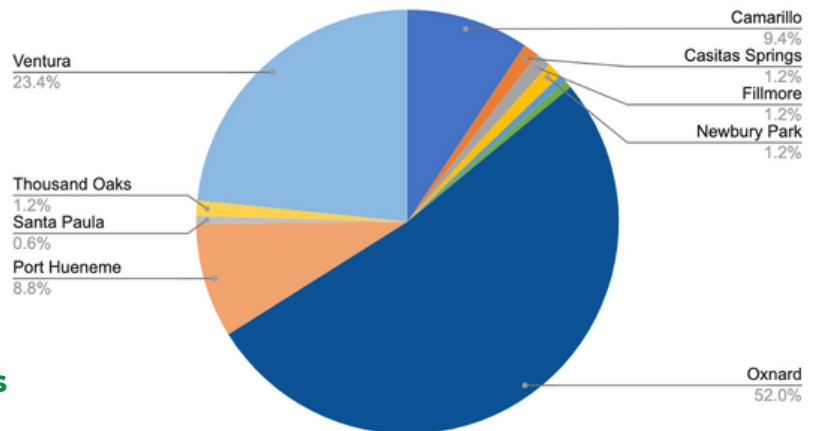
As of January 31, 2025, for the period beginning in February 2023, Nate's Place has supported 311 teens and young adults. On a monthly average, Nate's Place typically has 60+ youth enrolled at the center.

WIDE REACH

Nate's Place has been able to service individuals and families throughout Ventura County. By offering transportation to and from the center, Nate's Place provides accessibility to individuals in outlying areas. Located in Oxnard, CA, 48% of the population served come from 10 of the surrounding cities. Clients from Oxnard make up 52%.

Nate's Place extends its reach outside of the center by conducting Teen Intervene Prevention groups in 4 schools in Ventura County where a total of 139 teens are served. Nate's Place plans to be in 12 schools by the end of the 2024-2025 school year.

City Demographics



139

teens regularly supported in Ventura County schools.

311

Total of individuals supported since February 2023

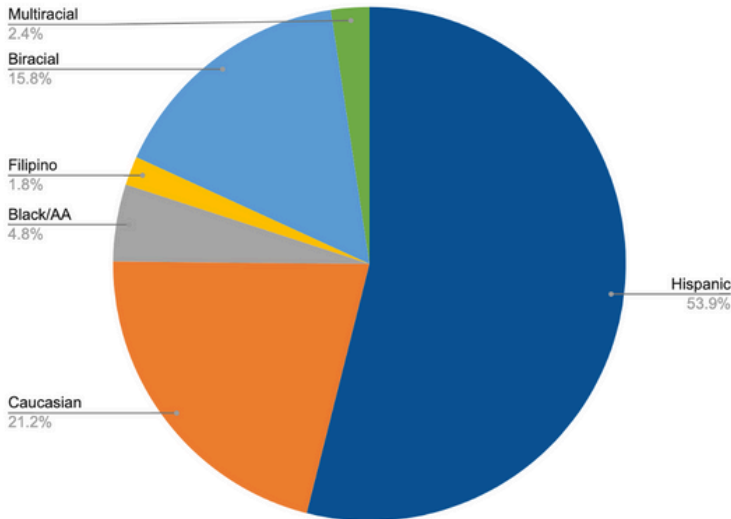
52%

of the population that participate at Nate's Place are from the Oxnard area.

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Race Demographics



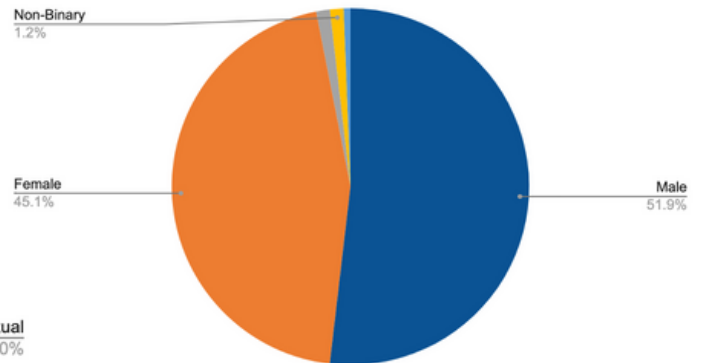
*Multiracial participants have identified as having 3 or more ethnic or racial backgrounds.

DEMOGRAPHICS

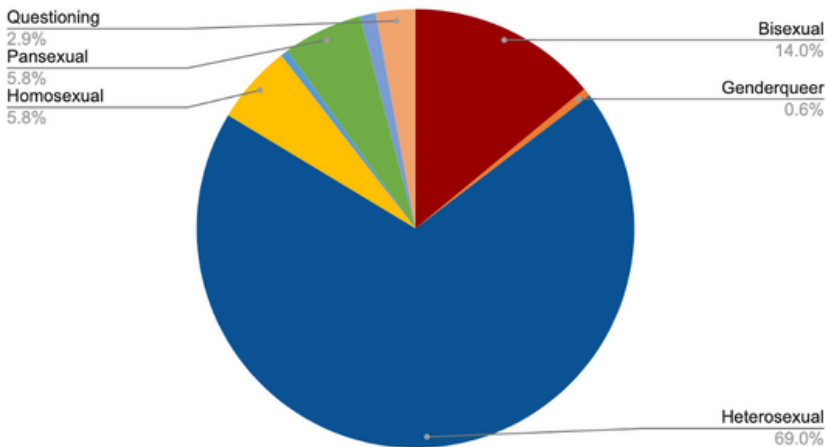
Nate's Place has been welcoming to all ethnicities. As of January 31, 2025, **Nate's Place has a total of 78.8% BIPOC population.** The Nate's Place staff reflects the population by having over half of its staff being bilingual (Spanish/English).

Nate's Place has a population of **51.9% male, 45.1% female, 1.2% transgender, and 1.2% non-binary.**

Gender Demographics



Sexual Orientation



Nate's Places is proud to be a safe haven for young adults to feel comfortable about their gender and sexuality, and also to learn from one another. **69% identify as Heterosexual, 14% Bisexual, 5.8% Homosexual, 5.8% Pansexual, 1.2% Queer, and 2.9% identify as Questioning.**

78.8%

of Nate's Place participants identify as Black, Indigenous, and People of Color (BIPOC)

Nate's Place has shown continuous support to all demographics in regards to gender, sexual orientation, and race. The BIPOC population at Nate's Place exceeds the racial demographic makeup of Ventura County, proving to be a great resource to under-represented and minority groups in the county.

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Activities and Workshops at Nate's Place



Nate's Place staff leading a group activity of Peace Sticks. Cultivating vibrant health, awareness, and peaceful connections between people.

January kicked off a 3 week cohort on Job Readiness led by a local high school teacher. The workshops helped young participants identify their skills and aspirations, learn how to build a resume, and how to prepare for a job interview.

Nate's Place
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Open to the Community! **JOB READINESS WORKSHOPS**



- **Build a resume**
- **Apply for jobs**
- **Interview**
- **Get a job you love!**

Led by Bobby Martinez, Local High School Teacher



Nate's Place, A Wellness and Recovery Center Testimonials

"The people/staff have been great. The other participants have also been great."

— 22 year old participant

"My experience has been great, everyone is nice and during groups I feel heard/understood. I like that everyone is able to speak their minds."

— 19 year old participant

"I like all the inclusivity."

— 18 year old participant

"I like that it's a safe space. People seem to feel comfortable here."

— 23 year old participant

"1:1 meetings help a lot."

— 17 year old participant

"Very helpful in learning how to talk in an interview and prepare to talk."

— 17 year old participant

"The environment is very homey and welcoming. Everybody here is really nice and mindful of one another. The activities themselves are very enjoyable thanks to the staffs' energy."

— 16 year old participant

"It was helpful that she had a coach that she could meet with 1 on 1. The coaches talking with her was very helpful. Groups such as DBT have been very helpful for her. We do a good job on making her comfortable while she is here at Nate's Place. [She] wouldn't change anything."

— Mother of a 14 year old participant

"...wanted to share with you that...the help [participant] is receiving has been nothing short of amazing. We are so grateful. This is really just Nate continuing to help people in need...his story still touches me and all that you and your husband are doing is incredibly profound...just wanted to thank you so much...I pray she continues to get help and we truly appreciate all that you and your family have done and are doing to help the community and these young adults that so need this love"

— Parent of a 19 year old participant