

May 31, 2025



IMPACT STATEMENT: Outcomes and Demographics

NATE'S RECOVERY RECIPE WORKS!

100% cost-free programs and transportation serving Ventura County

- 1:1 Peer Support Coaching
- 20+ Healthy Replacement Recreational Activities
- 14 Counseling, Support, & Education Groups
- Teen Intervene Prevention Groups in 13 Schools



★ **96% reported improved overall mental health**

★ **94% reported reduction in substance use**

★ **329 youth ages 13-25 served since opening!**

Outcomes measured through quarterly industry standard questionnaires



3820 W Channel Islands Blvd
Oxnard, CA 93035 (805) 590-5818
natesplacewellnesscenter.org

A non-profit serving teens and young adults
EIN: 88-2222599

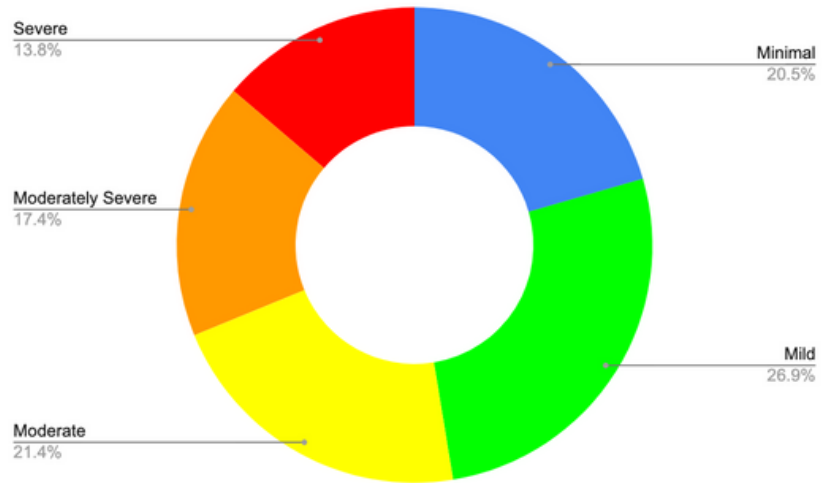


IMPACT STATEMENT: Outcomes and Demographics

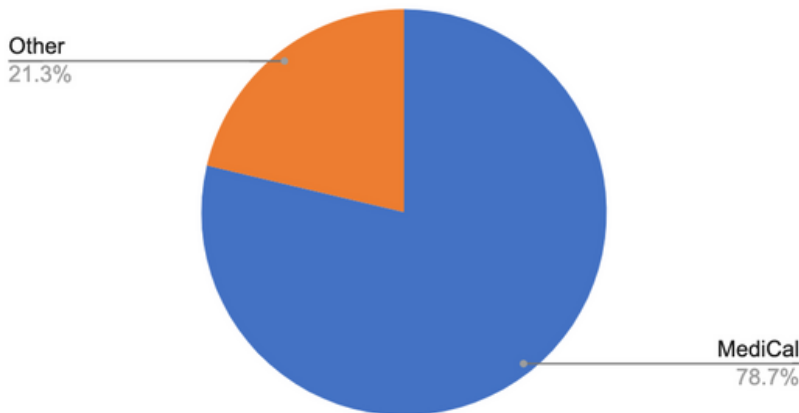
IMPACT OF PROGRAM

Each participant completes an industry-standard self-report questionnaire to measure their mental health at the time of entering the program. The questionnaire is provided every two months for updates.

- **69%** of participants have shown an improvement in their levels by going from severe and moderately severe depression to moderate, mild, and minimal depression



Health Coverage

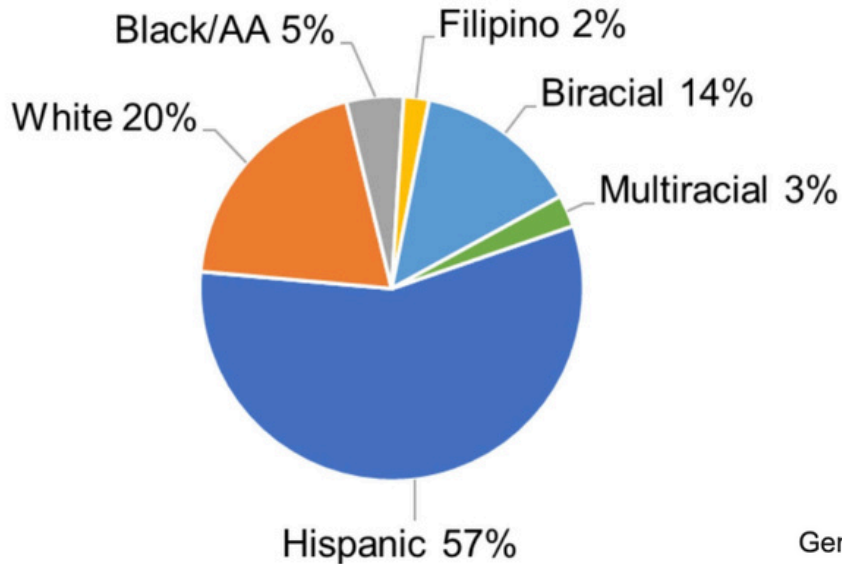


*Nate's Place does not bill MediCal or any insurance company and there is no charge for services.

- **Four out of five** participants state they have shown significant improvements in reducing substance misuse since joining Nate's Place.
- As of May 31, 2025, **78.7% of current Nate's Place participants are enrolled in Medi-Cal**. The young participants and their families benefit greatly from the free services and on-going support provided by Nate's Place: A Wellness and Recovery Center.

Nate's Place

A WELLNESS AND RECOVERY CENTER



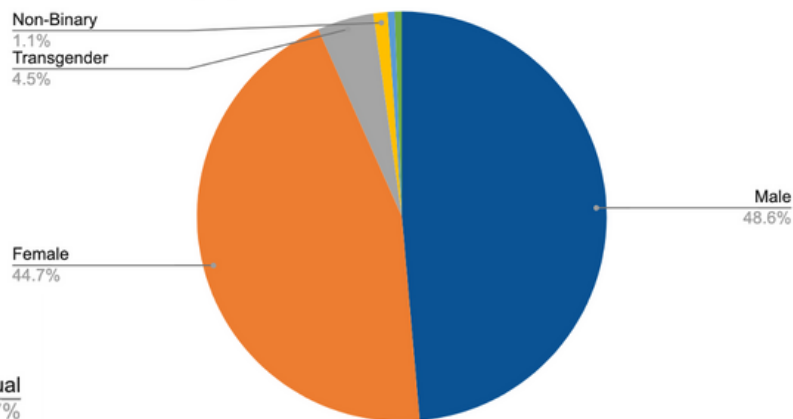
*Multiracial participants have identified as having 3 or more ethnic or racial backgrounds.

DEMOGRAPHICS

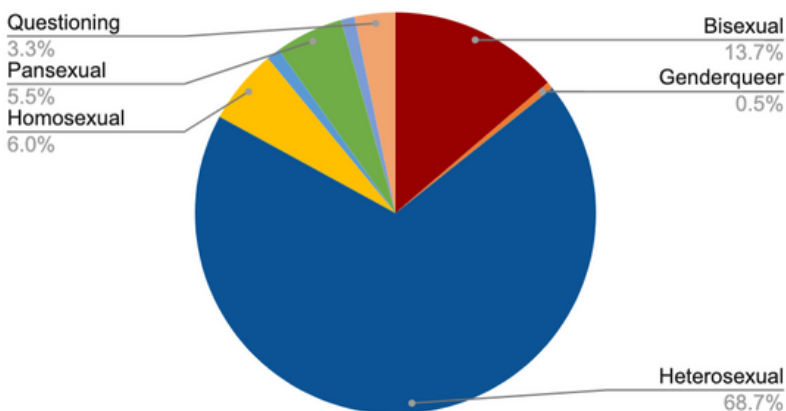
Nate's Place has been welcoming to all ethnicities. As of May 31, 2025, **Nate's Place has a total of 80% BIPOC population.** The Nate's Place staff reflects the population by having over half of its staff being bilingual (Spanish/English).

Nate's Place has a population of **48.6% male, 44.7% female, 4.5% transgender, and 1.1% non-binary.**

Gender Demographics



Sexual Orientation



Nate's Places is proud to be a safe haven for young adults to feel comfortable about their gender and sexuality, and also to learn from one another. **68.7% identify as Heterosexual, 13.7% Bisexual, 6% Homosexual, 5.5% Pansexual, 1.2% Queer, and 2.9% identify as Questioning.**

80%

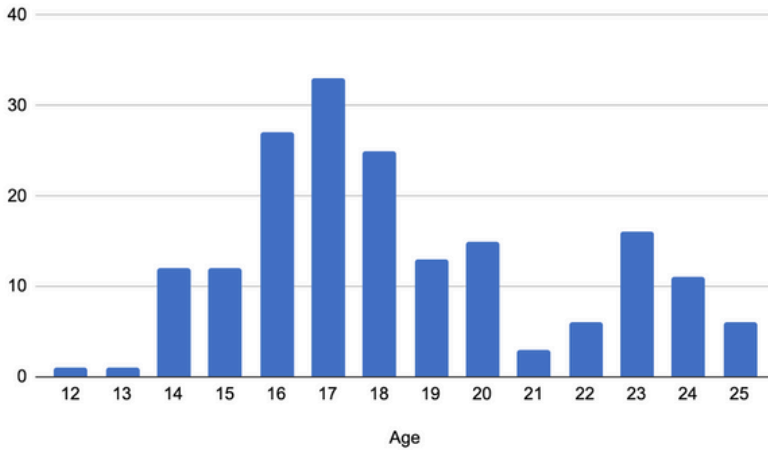
of Nate's Place participants identify as Black, Indigenous, and People of Color (BIPOC)

Nate's Place has shown continuous support to all demographics in regards to gender, sexual orientation, and race. The BIPOC population at Nate's Place exceeds the racial demographic makeup of Ventura County, proving to be a great resource to under-represented and minority groups in the county.

Nate's Place

A WELLNESS AND RECOVERY CENTER

Age Demographics



REVIEW

From February 2023 to May 2025, Nate's Place has successfully supported teens and young adults ranging from ages 13 to 25 years old.

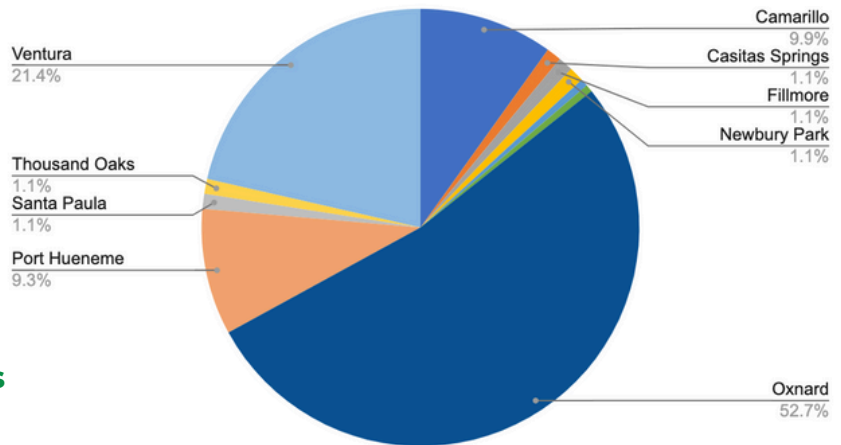
As of May 31, 2025, for the period beginning in February 2023, Nate's Place has supported 329 teens and young adults. On a monthly average, Nate's Place typically has 60+ youth enrolled at the center.

WIDE REACH

Nate's Place has been able to service individuals and families throughout Ventura County. By offering transportation to and from the center, Nate's Place provides accessibility to individuals in outlying areas. Located in Oxnard, CA, 47.3% of the population served come from 10 of the surrounding cities. Clients from Oxnard make up 52.7%.

Nate's Place extends its reach outside of the center by conducting Teen Intervene Prevention groups in 4 schools in Ventura County where a total of 139 teens are served.

City Demographics



139

teens regularly supported in Ventura County schools.

329

Total of individuals supported since February 2023

52.7%

of the population that participate at Nate's Place are from the Oxnard area.

Nate's Place

A WELLNESS AND RECOVERY CENTER

Nate's Place held a ribbon cutting ceremony on May 16th for the new loft space to accommodate the expansion of the Teen Drop-in and TAY programs!



The new space will allow Nate's Place to offer more groups and 1:1's for participants with their Peer Recovery Coaches and therapists.



AA leader, James Brunner and Diana DeJoseph, Board Treasurer



Collaborative movable mural project led by Art Specialist, Vera Long



Tabling event at the Partnership for Safe Families and Communities of Ventura County

Groups & Activities

- 1:1 Peer Support Recovery Coaching
- Yoga, meditation, and sound-bath sessions
- Boxing, weightlifting, and team sports
- Kayaking, surfing, hiking, and fishing
- Art and music lessons; improv workshops
- Gardening, book club, and volunteering
- Evidence-based groups (CBT, DBT)
- Peer and clinician-led support groups
- 12-step recovery meetings
- Identity, social skills, LGBTQ+ groups
- Self empowerment workshops
- Family and caregiver support groups