

June 30, 2025



IMPACT STATEMENT: Outcomes and Demographics

NATE'S RECOVERY RECIPE WORKS!

100% cost-free programs and transportation serving Ventura County

- 1:1 Peer Support Coaching
- 20+ Healthy Replacement Recreational Activities
- 14 Counseling, Support, & Education Groups
- Teen Intervene Prevention Groups in 13 Schools



★ **98% reported improved overall mental health**

★ **94% reported reduction in substance use**

★ **333 youth ages 13-25 served since opening!**

Outcomes measured through quarterly industry standard questionnaires



3820 W Channel Islands Blvd
Oxnard, CA 93035 (805) 590-5818
natesplacewellnesscenter.org

*A non-profit serving teens and young adults
EIN: 88-2222599*

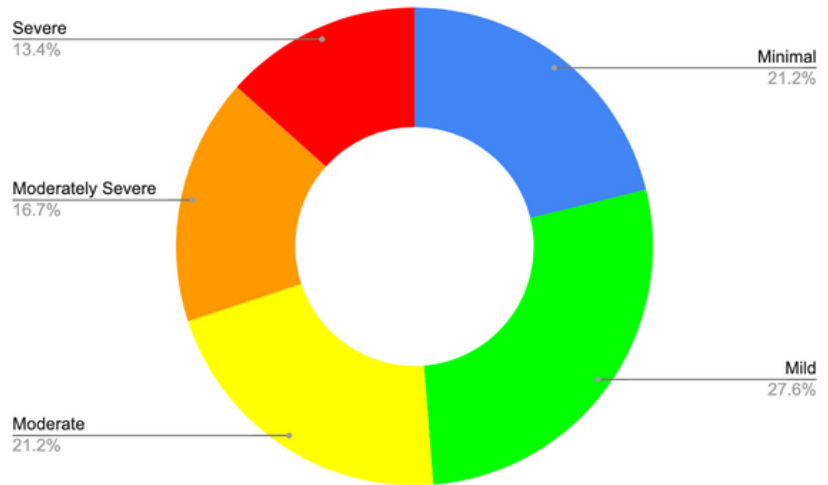


IMPACT STATEMENT: Outcomes and Demographics

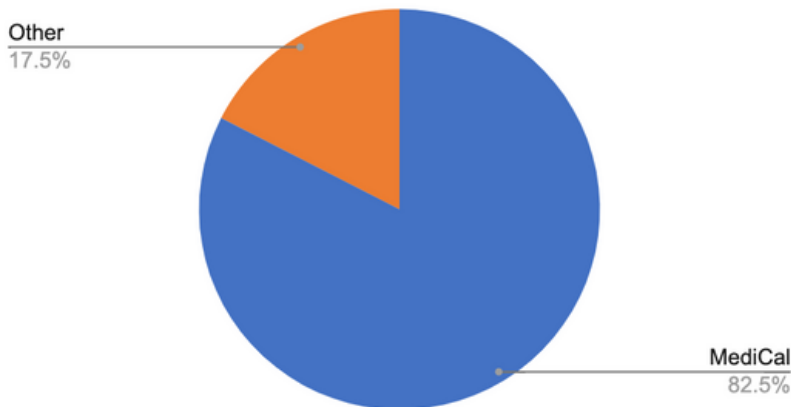
IMPACT OF PROGRAM

Each participant completes an industry-standard self-report questionnaire to measure their mental health at the time of entering the program. The questionnaire is provided every two months for updates.

- **70%** of participants have shown an improvement in their levels by going from severe and moderately severe depression to moderate, mild, and minimal depression



Health Coverage



*Nate's Place does not bill MediCal or any insurance company and there is no charge for services.

- **Four out of five** participants state they have shown significant improvements in reducing substance misuse since joining Nate's Place.
- As of June 30, 2025, **82.5% of current Nate's Place participants are enrolled in Medi-Cal**. The young participants and their families benefit greatly from the free services and on-going support provided by Nate's Place: A Wellness and Recovery Center.

Nate's Place

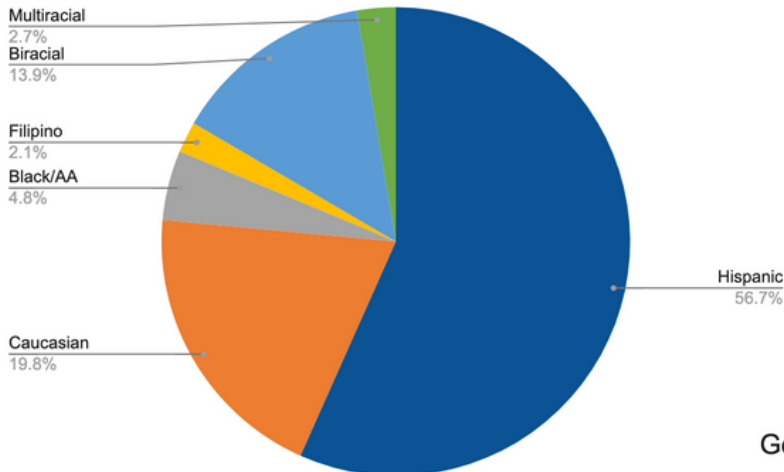
A WELLNESS AND RECOVERY CENTER

DEMOGRAPHICS

Nate's Place has been welcoming to all ethnicities. As of June 30, 2025, **Nate's Place has a total of 80% BIPOC population.** The Nate's Place staff reflects the population by having over half of its staff being bilingual (Spanish/English).

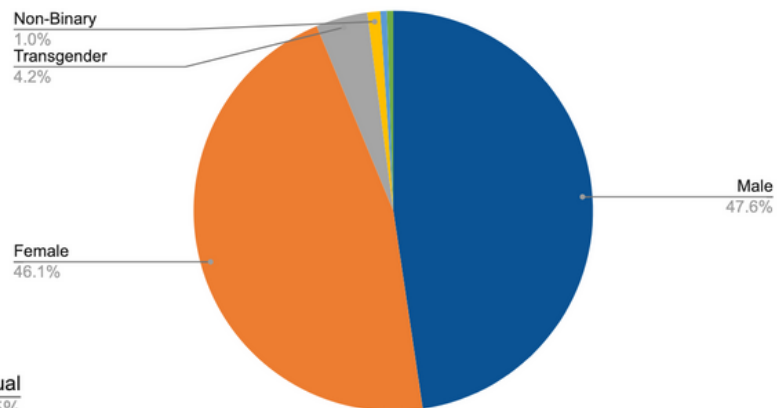
Nate's Place has a population of **47.6% male, 46.1 female, 4.2% transgender, and 1% non-binary.**

Race Demographics



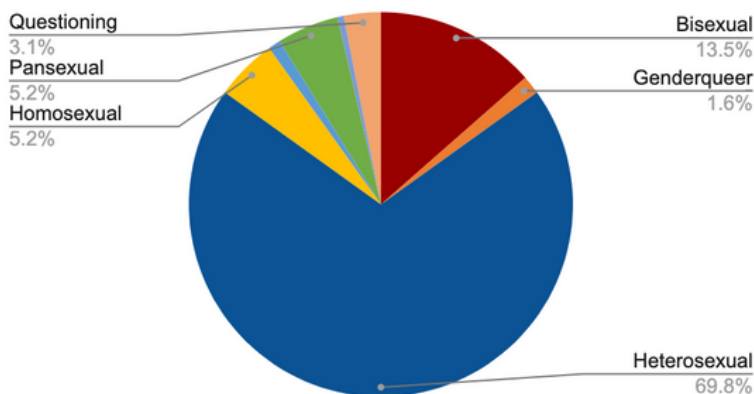
*Multiracial participants have identified as having 3 or more ethnic or racial backgrounds.

Gender Demographics



Nate's Places is proud to be a safe haven for young adults to feel comfortable about their gender and sexuality, and also to learn from one another. **69.8% identify as Heterosexual, 13.5% Bisexual, 5.2% Homosexual, 5.2% Pansexual, 1.6% Queer, and 3.1% identify as Questioning.**

Sexual Orientation



80%

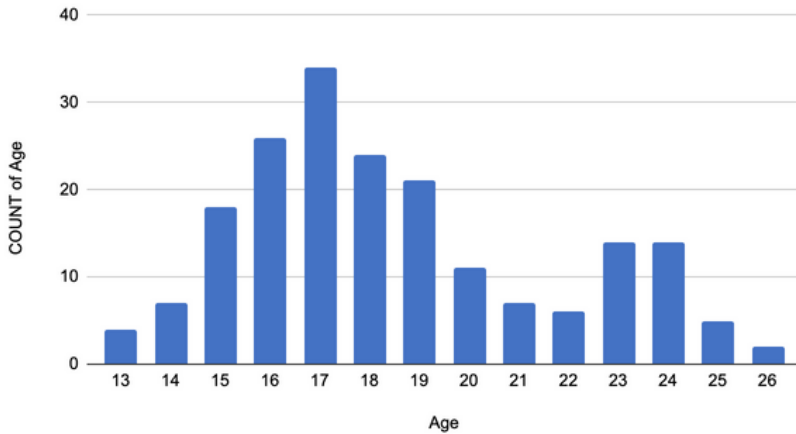
of Nate's Place participants identify as Black, Indigenous, and People of Color (BIPOC)

Nate's Place has shown continuous support to all demographics in regards to gender, sexual orientation, and race. The BIPOC population at Nate's Place exceeds the racial demographic makeup of Ventura County, proving to be a great resource to under-represented and minority groups in the county.

Nate's Place

A WELLNESS AND RECOVERY CENTER

Age Demographics



REVIEW

From February 2023 to June 2025, Nate's Place has successfully supported teens and young adults ranging from ages 13 to 25 years old.

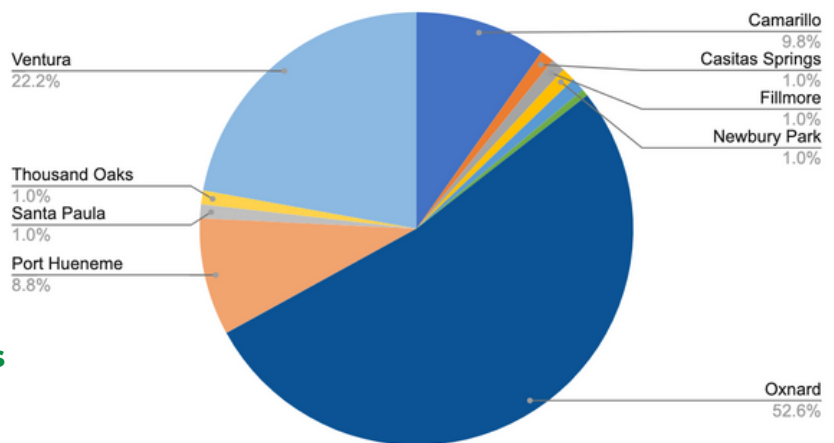
As of June 30, 2025, for the period beginning in February 2023, Nate's Place has supported 333 teens and young adults. On a monthly average, Nate's Place typically has 60+ youth enrolled at the center.

WIDE REACH

Nate's Place has been able to service individuals and families throughout Ventura County. By offering transportation to and from the center, Nate's Place provides accessibility to individuals in outlying areas. Located in Oxnard, CA, 47.4% of the population served come from 10 of the surrounding cities. Clients from Oxnard make up 52.6%.

Nate's Place extends its reach outside of the center by conducting Teen Intervene Prevention groups in 4 schools in Ventura County where a total of 139 teens are served.

City Demographics



139

teens regularly supported in Ventura County schools.

333

Total of individuals supported since February 2023

52.6%

of the population that participate at Nate's Place are from the Oxnard area.

Nate's Place

A WELLNESS AND RECOVERY CENTER



Arts and Crafts Fair at Nate's Place held on June 21st. The fair featured a variety of local artists selling beautiful creations. Raffle proceeds went to Nate's Place.



Dottie Pringle, Artist and Organizer | Sarah Cabrera, Peer Support Recovery Coach at Nate's Place | Heidi Allison, LCSW, Co-Founder and Program Director | Gloria Pulido, MFT Intern Therapist at Nate's Place

Groups & Activities

- 1:1 Peer Support Recovery Coaching
- Yoga, meditation, and sound-bath sessions
- Boxing, weightlifting, and team sports
- Kayaking, surfing, hiking, and fishing
- Art and music lessons; improv workshops
- Gardening, book club, and volunteering
- Evidence-based groups (CBT, DBT)
- Peer and clinician-led support groups
- 12-step recovery meetings
- Identity, social skills, LGBTQ+ groups
- Self empowerment workshops
- Family and caregiver support groups