

July 31, 2025



IMPACT STATEMENT: Outcomes and Demographics

NATE'S RECOVERY RECIPE WORKS!

100% cost-free programs and transportation serving Ventura County

- 1:1 Peer Support Coaching
- 20+ Healthy Replacement Recreational Activities
- 14 Counseling, Support, & Education Groups
- Teen Intervene Prevention Groups in 13 Schools



★ **98% reported improved overall mental health**

★ **95% reported reduction in substance use**

★ **70% reported improved overall depression levels**

★ **342 youth ages 13-25 served since opening!**

Outcomes measured through quarterly industry standard questionnaires



3820 W Channel Islands Blvd
Oxnard, CA 93035 (805) 590-5818
natesplacewellnesscenter.org

*A non-profit serving teens and young adults
EIN: 88-2222599*

Nate's Place

A WELLNESS AND RECOVERY CENTER

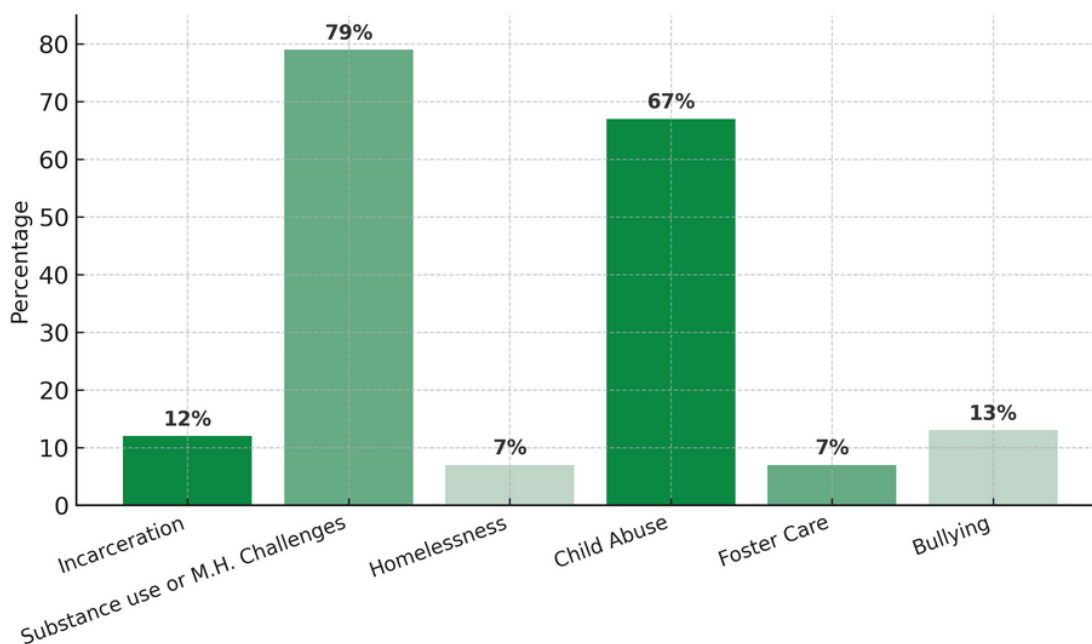


IMPACT STATEMENT: Outcomes and Demographics

IMPACT OF PROGRAM

Each participant completes an industry-standard self-report questionnaire to measure their mental health at the time of entering the program. The questionnaire is provided every two months for updates.

*Percentage from current active participants



***4 out of 5** participants state they have shown significant improvements in reducing substance misuse since joining Nate's Place.

Nate's Place programs are designed around the key challenges faced by its participants, as reflected in current participation data. The majority of participants report a history of **substance use or mental health challenges** in themselves or their families (**79%**) and experiences of **child abuse** (**67%**), making these areas the primary focus for targeted support groups. Additional group offerings address the needs of those impacted by bullying, incarceration, homelessness, and foster care. Groups are tailored to address the most prevalent and impactful issues, fostering healing, resilience, and community connection.



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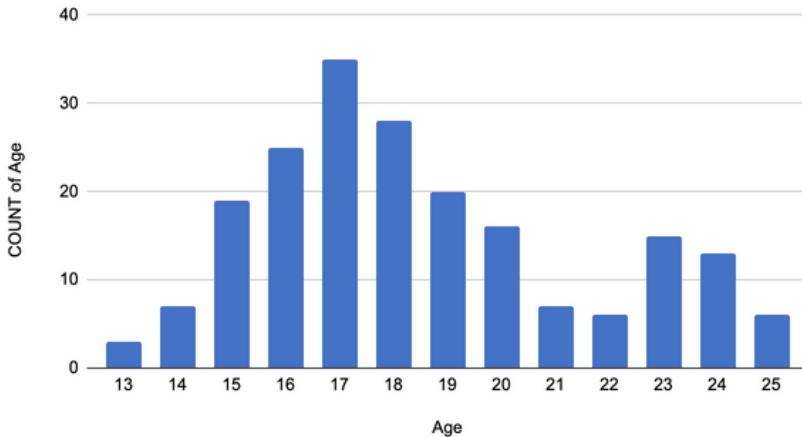
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Age Demographics



From February 2023 to July 2025, Nate's Place has successfully supported teens and young adults ranging from ages 13 to 25 years old.

DEMOGRAPHICS

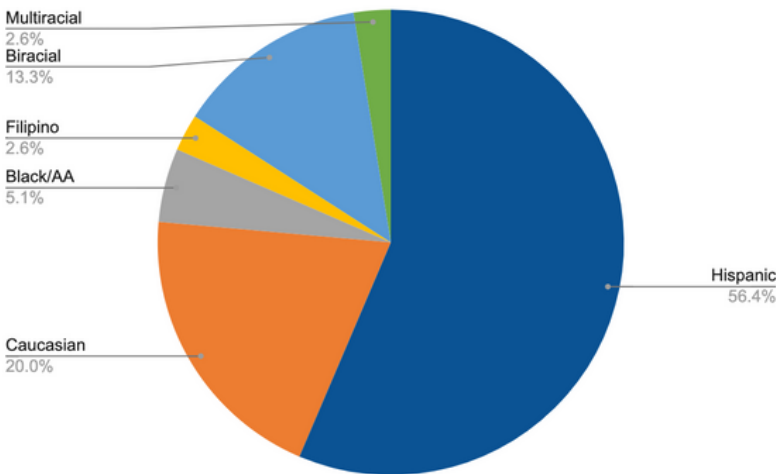
As of July 31, 2025, for the period beginning in February 2023, **Nate's Place** has supported **342 teens and young adults**. Reach has extended outside of the center by conducting Teen Intervene Prevention groups in 4 schools in Ventura County where a total of 139 teens are served.

Nate's Place services individuals and families throughout Ventura County by offering transportation to and from the center. The center provides accessibility to individuals in outlying areas. Located in Oxnard, CA, 47.3% of the population served come from 10 of the surrounding cities. **Oxnard participants make up 52.7%.**

As of July 31, 2025, **80.3%** of current Nate's Place participants are **enrolled in MediCal**. Nate's Place does not bill MediCal or any insurance company and there is no charge for services.

The recovery center has been welcoming to all ethnicities. As of July 31, 2025, **Nate's Place has a total of 80% BIPOC population**. Many of the participants' parents are multi-lingual speaking. Nate's Place is happy to have majority staff that are bilingual.

Race Demographics



*Multiracial participants have identified as having 3 or more ethnic or racial backgrounds.

80%

of Nate's Place participants identify as Black, Indigenous, and People of Color (BIPOC)

Nate's Place has shown continuous support to all demographics in regards to gender, sexual orientation, and race. The BIPOC population at Nate's Place exceeds the racial demographic makeup of Ventura County, proving to be a great resource to under-represented and minority groups in the county.

Nate's Place

A WELLNESS AND RECOVERY CENTER

This summer, our youth recovery center is bursting with exciting new activities and support groups designed to inspire connection, build resilience, and encourage personal growth. From creative workshops to evidence-based support groups, there's something for everyone to learn, share, and thrive together.



New Peer Recovery Coach, Kainoa, jamming out with participants in one of the newest activities offered, Music Studio!



New Fun Field Trips this summer: Boating at the Harbor and Trip to Basil Arts and Produce



Participants engaging in Equine Assisted Therapy with Reins of HOPE in Ojai.



Lead Peer Recovery Coach, John, taking participants to the beach for a day of surfing.



ACTIVITIES

- 1:1 Peer Support Recovery Coaching
- Yoga, meditation, and music studio
- Boxing, weightlifting, fitness classes, various sport activities, & more
- Kayaking, surfing, hiking, and fishing
- Art workshops, improv workshops, guitar lessons, and music camp
- Beach days, harbor walks, & volunteering
- Self Empowerment Workshops

GROUPS

- Social Skills and Evidence-based groups
- Cognitive Behavior Therapy(CBT)
- Dialectical Behavior Therapy (DBT)
- Peer and clinician-led support groups
- 12-step recovery meetings: Al Anon, AA for Young Persons Groups, & more
- Coping skills, Ethnic Identity, LGBTQ+ groups
- Equine Assisted Therapy (EAT)
- Parent education support groups