



A WELLNESS AND RECOVERY CENTER

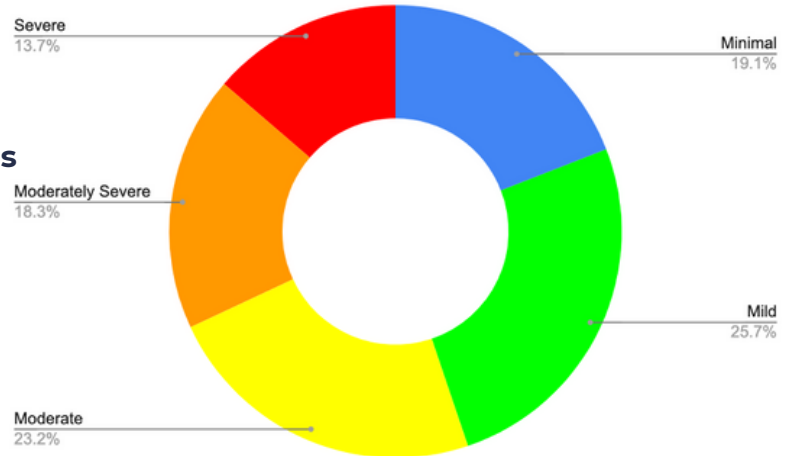


IMPACT STATEMENT: Outcomes and Demographics

IMPACT OF PROGRAM

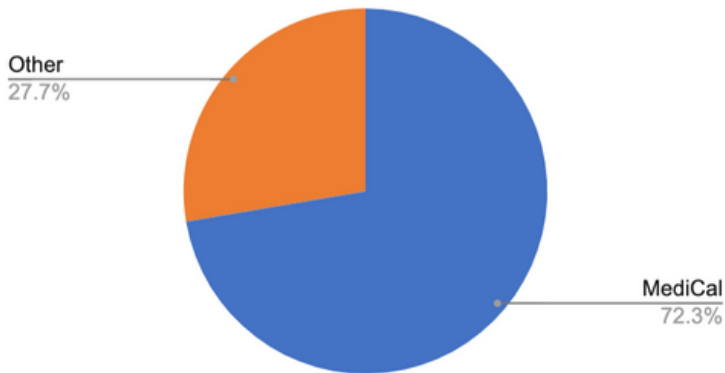
Each participant completes an industry-standard self-report questionnaire to measure their mental health at the time of entering the program. The questionnaire is provided every two months for updates.

- **68%** of participants have shown an improvement in their levels by going from severe and moderately severe depression to moderate, mild, and minimal depression
- **95%** reported improved overall mental health since attending
- **96%** reported improvement in reducing use of substances since attending



- **Three out of four participants state they have shown significant improvements in reducing substance misuse since joining Nate's Place.**
- **As of October 2024, 72.3% of current Nate's Place participants are enrolled in Medi-Cal.** The young participants and their families benefit greatly from the free services and on-going support provided by Nate's Place: A Wellness and Recovery Center.

Health Coverage



*Nate's Place does not bill MediCal or any insurance company and there is no charge for services.



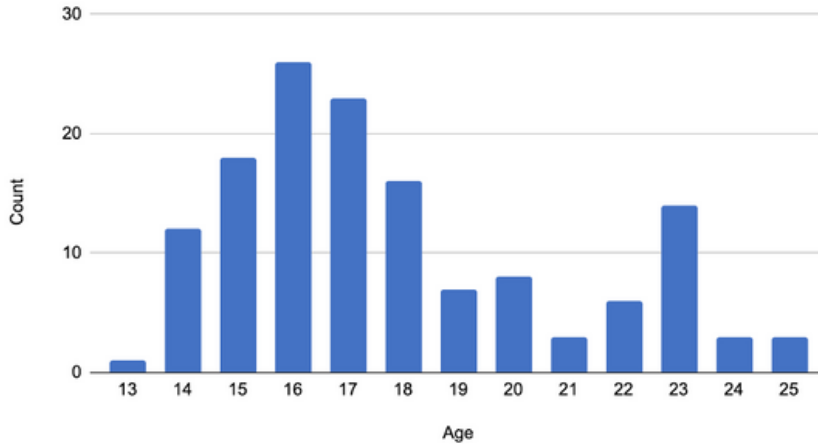
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natesplacewellnesscenter.org

A non-profit serving teens and young adults

Nate's Place

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Age Demographics



REVIEW

From February 2023 to October 2024, Nate's Place has successfully supported teens and young adults ranging from ages 13 to 25 years old.

The majority of individuals currently served are 16 and 17 years of age.

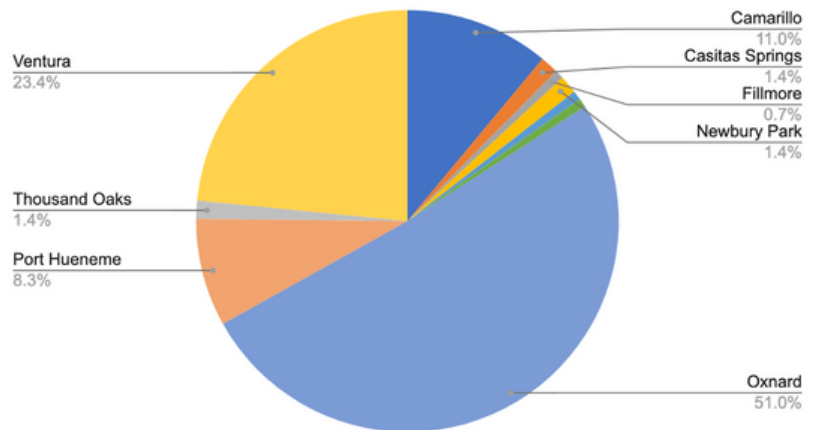
As of October 2024, for the time period beginning in February 2023, Nate's Place has supported 269 teens and young adults. On a monthly average, Nate's Place typically has 50 youth enrolled at the center.

WIDE REACH

Nate's Place has been able to service individuals and families throughout Ventura County. By offering transportation to and from the center, Nate's Place provides accessibility to individuals in outlying areas. Located in Oxnard, CA, 49% of the population served come from 9 of the surrounding cities. Clients from Oxnard make up 51%.

Nate's Place extends its reach outside of the center by conducting Teen Intervene Prevention groups in 4 schools in Ventura County where a total of 124 teens are served. Nate's Place plans to be in 11 schools by the end of the 2024-2025 school year.

City Demographics



124

teens regularly supported in Ventura County schools.

269

Total of individuals supported since February 2023

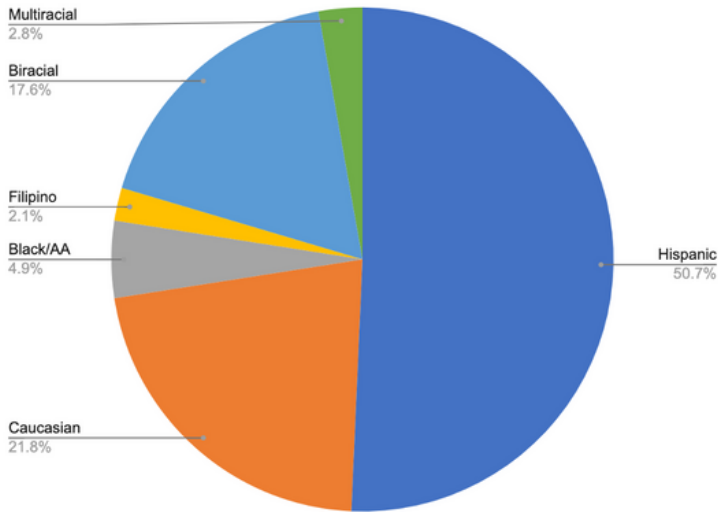
51%

of the population that participate at Nate's Place are from the Oxnard area.

Nate's Place

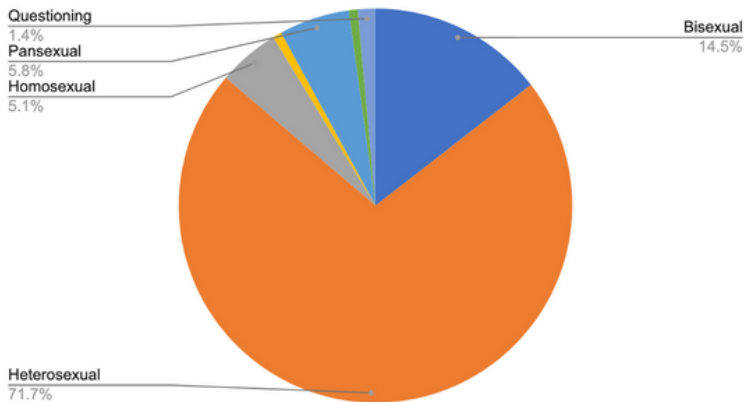
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Race Demographics



***Multiracial** participants have identified as having 3 or more ethnic or racial backgrounds.

Sexual Orientation

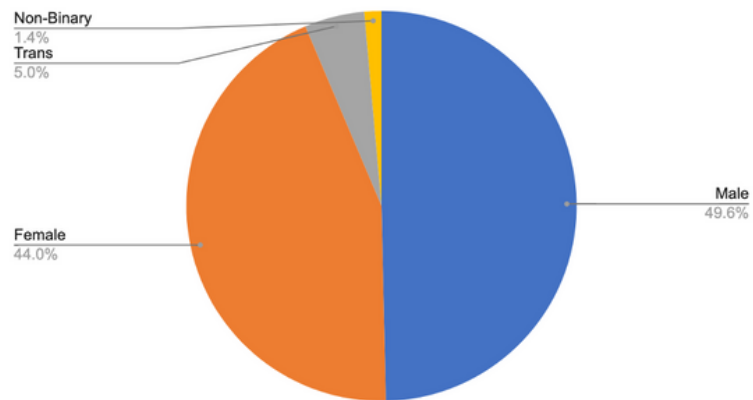


DEMOGRAPHICS

Nate's Place has been welcoming to all ethnicities. As of October 2024, **Nate's Place has a total of 78.2% BIPOC population.** The Nate's Place staff reflects the population by having over half of its staff being bilingual (Spanish/English).

Nate's Place has a population of **49.6% male, 44% female, 5% transgender, and 1.4% non-binary.**

Gender Demographics



Nate's Places is proud to be a safe haven for young adults to feel comfortable about their gender and sexuality, and also to learn from one another. **71.7% identify as Heterosexual, 14.5% Bisexual, 5.1% Homosexual, 5.8% Pansexual, and 1.4% identify as Questioning.**

78.2%

of Nate's Place participants identify as Black, Indigenous, and People of Color (BIPOC)

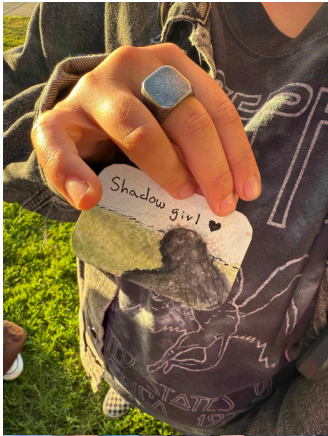
Nate's Place has shown continuous support to all demographics in regards to gender, sexual orientation, and race. The BIPOC population at Nate's Place exceeds the racial demographic makeup of Ventura County, proving to be a great resource to under-represented and minority groups in the county.

Nate's Place

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Nate's Place offers over 40 activities, workshops, and groups on a daily basis. The vast variety of activities are intentionally designed to fit the personalities and curiosities of each youth.

Many of the participants at Nate's Place enjoy the creative freedom and self expression they receive from engaging in art. **Art Class continues to be one of the most participated activities since Nate's Place has opened.**





Nate's Place, A Wellness and Recovery Center Testimonials

"Our son is loving your program so much! I was telling Jenna (Nate's Place Boxing Specialist) that we are starting to see the old him come back to us. He looks forward to going there everyday and told me he doesn't have time to have "bad thoughts" because he is staying so busy and active with you guys. Thank you! You are helping so many people and I just wanted you to know the positive impact you are having. I hope you don't mind me saying that your son Nate's legacy is living on, through each and every person you are helping. I'm eternally grateful for Nate and you guys."

— Mother of a 14 year old participant

"Hi Heidi, ...today is [participant]'s graduation and he gets to walk the line!!! This was one of the most difficult years for him and us as a family and you and Nate's place played a huge role in helping him get thru this year and find the light at the end of the tunnel again. I'm eternally grateful for you, Larry, Jenna, Kaden, and all of your staff (family) and I want you to know that I always carry your son Nate in prayer with me because without him none of this would've been possible and my son would probably still be in a very dark place, as would a lot of other kids. ...I love you all very much and I wanted to thank you from the bottom of my heart. Today my heart is full of joy and gratitude."

— Parent of a 14 year old participant

"I'll never forget the first day I left my son at Nate's Place. I felt very comfortable, that it is a safe place. My son's life has changed in positive ways and my family's too. He keeps busy doing things he likes and works together with parents, family and all the people around him to understand how he is feeling. The people at Nate's Place work hard to make progress and save lives. They are loved as family members. At Nate's Place everything works together. They understand mental and emotional health and the effect of doing drugs. I wanted to share with you how my son improved. I know your help is very important and valuable. Thank you very much for all you do!"

— Mother of a 15 year old participant who was using daily

"...wanted to share with you that...the help [participant] is receiving has been nothing short of amazing. We are so grateful. This is really just Nate continuing to help people in need...his story still touches me and all that you and your husband are doing is incredibly profound...just wanted to thank you so much...I pray she continues to get help and we truly appreciate all that you and your family have done and are doing to help the community and these young adults that so need this love"

— Parent of a 19 year old participant