

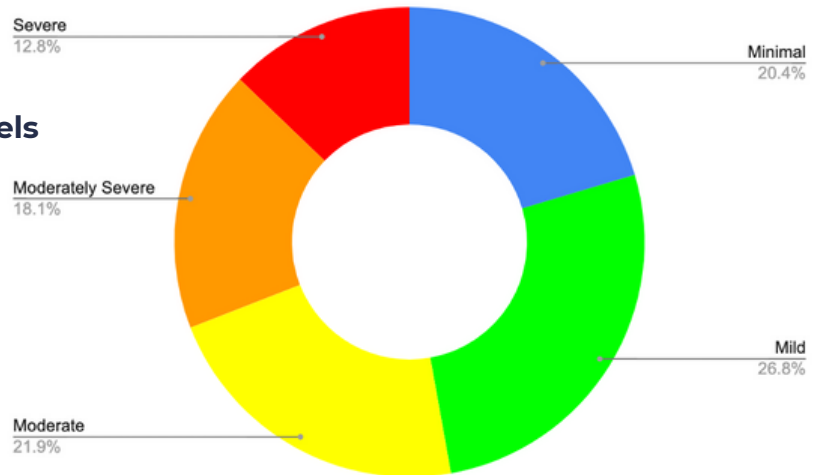


IMPACT STATEMENT: Outcomes and Demographics

IMPACT OF PROGRAM

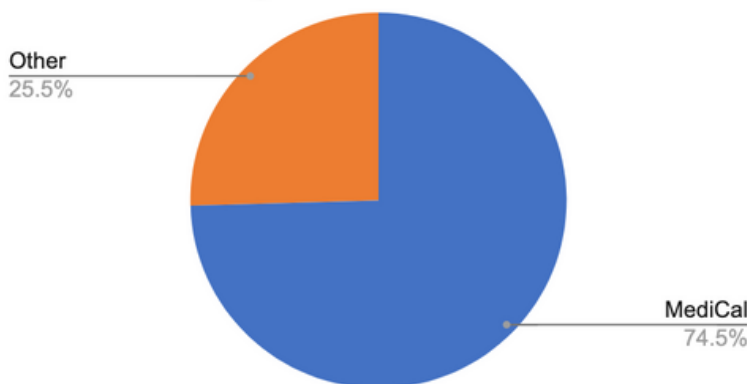
Each participant completes an industry-standard self-report questionnaire to measure their mental health at the time of entering the program. The questionnaire is provided every two months for updates.

- **69%** of participants have shown an improvement in their levels by going from severe and moderately severe depression to moderate, mild, and minimal depression
- **96%** reported improved overall mental health since attending
- **94%** reported improvement in reducing use of substances since attending



- **Three out of four participants state they have shown significant improvements in reducing substance misuse since joining Nate's Place.**
- **As of November 30, 2024, 74.5% of current Nate's Place participants are enrolled in Medi-Cal.** The young participants and their families benefit greatly from the free services and on-going support provided by Nate's Place: A Wellness and Recovery Center.

Health Coverage

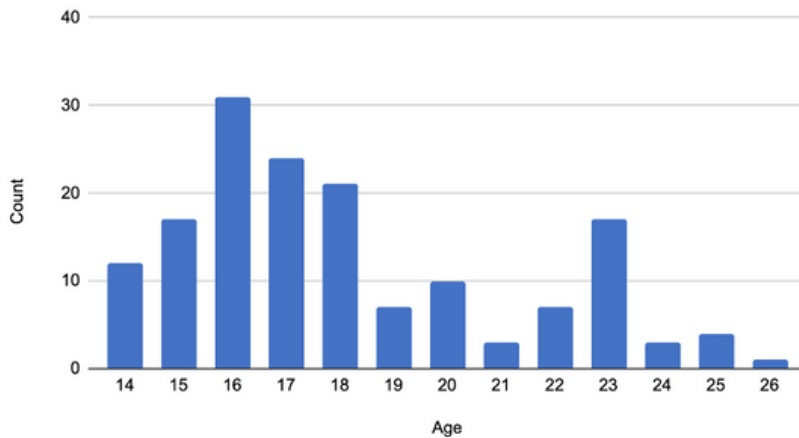


*Nate's Place does not bill MediCal or any insurance company and there is no charge for services.

Nate's Place

A WELLNESS AND RECOVERY CENTER

Age Demographics



REVIEW

From February 2023 to November 2024, Nate's Place has successfully supported teens and young adults ranging from ages 13 to 25 years old.

The majority of individuals currently served are 16 and 17 years of age.

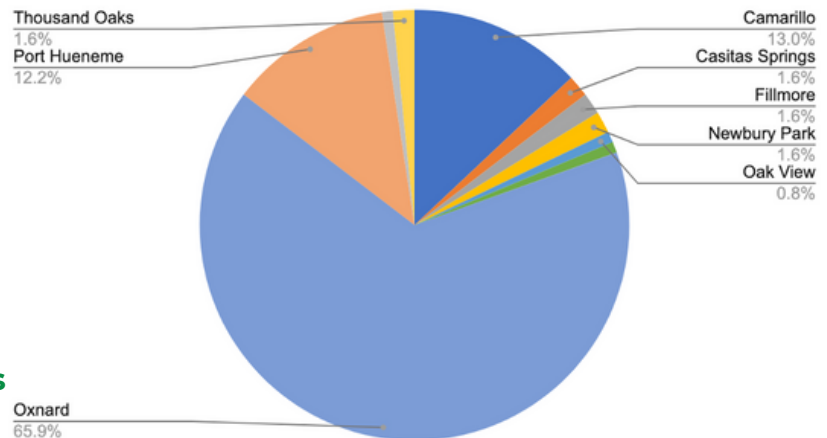
As of November 30, 2024, for the period beginning in February 2023, Nate's Place has supported 290 teens and young adults. On a monthly average, Nate's Place typically has 50+ youth enrolled at the center.

WIDE REACH

Nate's Place has been able to service individuals and families throughout Ventura County. By offering transportation to and from the center, Nate's Place provides accessibility to individuals in outlying areas. Located in Oxnard, CA, 34% of the population served come from 9 of the surrounding cities. Clients from Oxnard make up 66%.

Nate's Place extends its reach outside of the center by conducting Teen Intervene Prevention groups in 4 schools in Ventura County where a total of 133 teens are served. Nate's Place plans to be in 11 schools by the end of the 2024-2025 school year.

City Demographics



133

teens regularly supported in Ventura County schools.

290

Total of individuals supported since February 2023

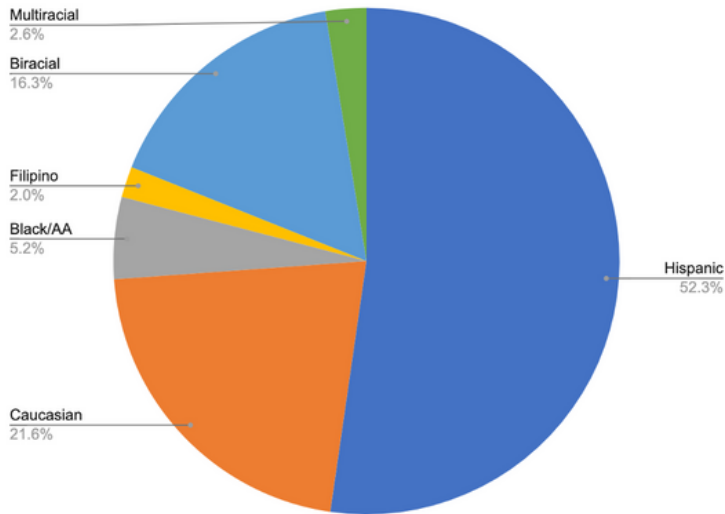
66%

of the population that participate at Nate's Place are from the Oxnard area.

Nate's Place

A WELLNESS AND RECOVERY CENTER

Race Demographics



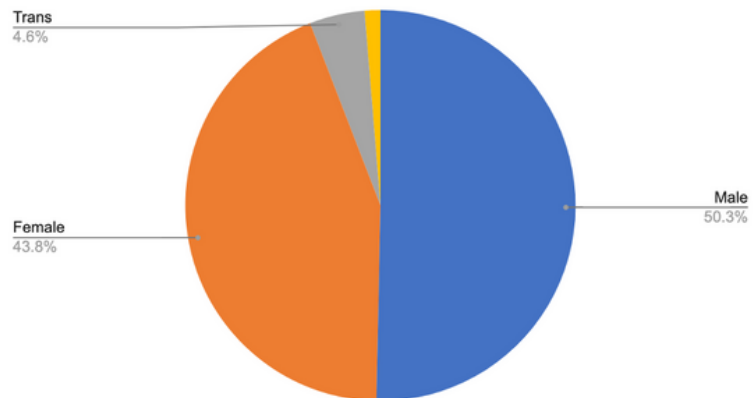
*Multiracial participants have identified as having 3 or more ethnic or racial backgrounds.

DEMOGRAPHICS

Nate's Place has been welcoming to all ethnicities. As of November 30, 2024, **Nate's Place has a total of 78.4% BIPOC population.** The Nate's Place staff reflects the population by having over half of its staff being bilingual (Spanish/English).

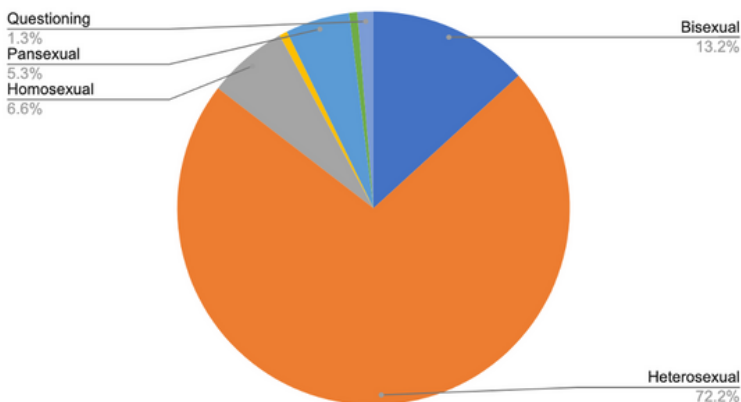
Nate's Place has a population of **50.3% male, 43.8% female, 4.6% transgender, and 1.3% non-binary.**

Gender Demographics



Nate's Places is proud to be a safe haven for young adults to feel comfortable about their gender and sexuality, and also to learn from one another. **72.2% identify as Heterosexual, 13.2% Bisexual, 6.6% Homosexual, 5.3% Pansexual, and 1.3% identify as Questioning.**

Sexual Orientation



78.4%

of Nate's Place participants identify as Black, Indigenous, and People of Color (BIPOC)

Nate's Place has shown continuous support to all demographics in regards to gender, sexual orientation, and race. The BIPOC population at Nate's Place exceeds the racial demographic makeup of Ventura County, proving to be a great resource to under-represented and minority groups in the county.

Nate's Place

A WELLNESS AND RECOVERY CENTER

Happy Holidays from the Nate's Place family!





Nate's Place, A Wellness and Recovery Center Testimonials

"I like that the staff is friendly and non-judgmental. I like that it's laid back and not strict."

— 25 year old participant

"I like how friendly everyone is at Nate's Place."

— 16 year old participant

"Everyone is really nice...makes me feel welcome."

— 16 year old participant

"I love the coaches/support here and the activities [that] cheer me up after a long day. I also like kayaking, watching sea lions, and talking to Jackie, Marco, Kaden, Tino, John, and Heidi."

— 17 year old participant

"I like it very much. It has helped my mental health a lot."

— 16 year old participant

"The environment is very homey and welcoming. Everybody here is really nice and mindful of one another. The activities themselves are very enjoyable thanks to the staffs energy."

— 16 year old participant

"I'll never forget the first day I left my son at Nate's Place. I felt very comfortable, that it is a safe place. My son's life has changed in positive ways and my family's too. He keeps busy doing things he likes and works together with parents, family and all the people around him to understand how he is feeling. The people at Nate's Place work hard to make progress and save lives. They are loved as family members. At Nate's Place everything works together. They understand mental and emotional health and the effect of doing drugs. I wanted to share with you how my son improved. I know your help is very important and valuable. Thank you very much for all you do!"

— Mother of a 15 year old participant who was using daily

"...wanted to share with you that...the help [participant] is receiving has been nothing short of amazing. We are so grateful. This is really just Nate continuing to help people in need...his story still touches me and all that you and your husband are doing is incredibly profound...just wanted to thank you so much...I pray she continues to get help and we truly appreciate all that you and your family have done and are doing to help the community and these young adults that so need this love"

— Parent of a 19 year old participant