

HAPPY
HOLIDAYS



IMPACT STATEMENT: Outcomes and Demographics

NATE'S RECOVERY RECIPE WORKS!

100% cost-free programs and transportation serving Ventura County

- 1:1 Peer Support Coaching
- 20+ Healthy Replacement Recreational Activities
- 14 Counseling, Support, & Education Groups
- Teen Intervene Prevention Groups in 13 Schools
- Support Groups 2x per week at Juvenile Justice Center



- 99% reported improved overall mental health
- 91% reported reduction in substance use
- 853 free pickups and drop-offs in 2025

★ 397 youth ages 13-25 served since opening!

Outcomes measured through quarterly industry standard questionnaires (PHQ-9, GAD-7, NOMS and Participant Update Questionnaire).



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natesplacewellnesscenter.org

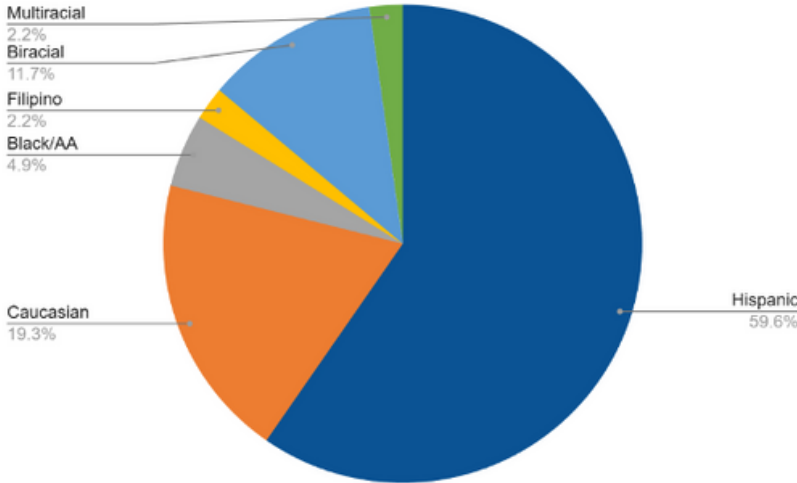
A non-profit serving teens and young adults
EIN: 88-2222599

Nate's Place

A WELLNESS AND RECOVERY CENTER

DEMOGRAPHICS

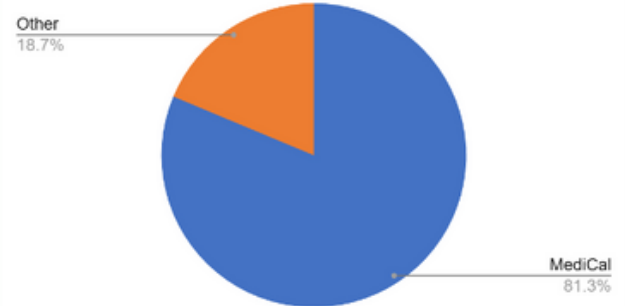
Race Demographics



*Multiracial participants have identified as having 3 or more ethnic or racial backgrounds.

- As of September 15, 2025, the majority of participants are BIPOC (black, indigenous, people of color)
- 59.6% are of Hispanic heritage
- 67.4% heterosexual, 6.1% homosexual, and 13% bisexual

Health Coverage



*Nate's Place does not bill MediCal or any insurance company and there is no charge for services.

- 81.3% of participants have MediCal
- 48% Male, 46% Female, and 5% Transgender and Gender Non-Conforming

81%

of Nate's Place participants identify as Black, Indigenous, and People of Color (BIPOC)

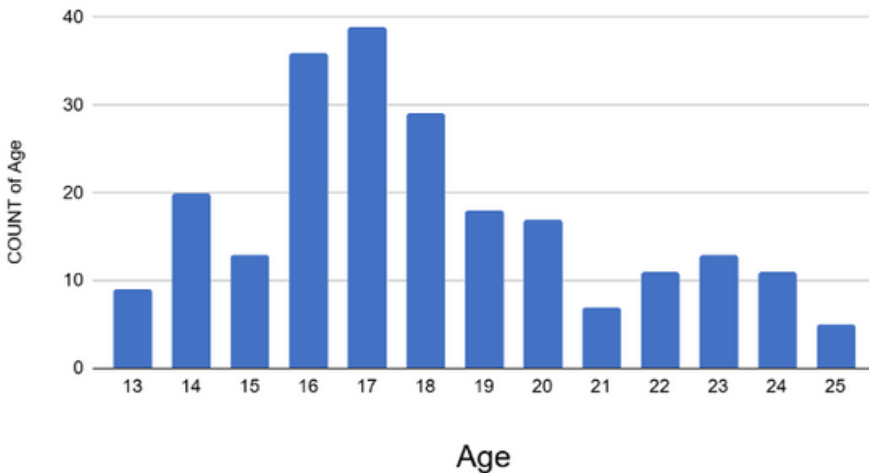
Nate's Place has shown continuous support to all demographics in regards to gender, sexual orientation, and race. The BIPOC population at Nate's Place exceeds the racial demographic makeup of Ventura County, proving to be a great resource to under-represented and minority groups in the county.

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REVIEW

Age Demographics

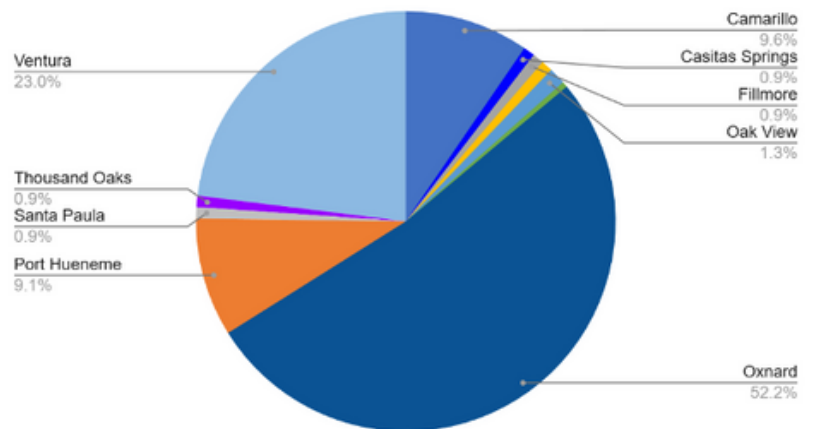


- From February 2023 to December 2025, Nate's Place has successfully supported teens and young adults ranging from **ages 13 to 25 years old**
- Since opening, **Nate's Place has supported a total of 397 teens and young adults**
- On a monthly average, Nate's Place has **80+ youth enrolled at the center**

WIDE REACH

- Nate's Place provides **free and reliable transportation** all over Ventura County
- For 2025, Nate's Place has provided **853 pickups and drop-offs**
- **52.2** of participants live in Oxnard
- Participants served come from **10** of the surrounding cities
- **162** teens are served outside of the center through Teen Intervene Prevention groups in **13** schools in Ventura County

City Demographics



162

teens regularly supported in Ventura County schools

397

Total of individuals supported since February 2023

52%

of the population that participate at Nate's Place are from the Oxnard area

Nate's Place

A WELLNESS AND RECOVERY CENTER

Fall Activities and Groups at Nate's Place



Games and Cards with Peer Support
Specialists: Kyla, Marco, and Molly



Art Wellness Activities with Peer Support
Specialists: Kaden and Amanda



Volunteer Opportunities at the
Camarillo Animal Shelter



Musician and Peer Support Specialist
at the 2025 Friendsgiving: Kainoa



Collaboration with the Family Justice Center
for workshop on Health Relationships

ACTIVITIES

- 1:1 Peer Support Recovery Coaching
- Yoga, meditation, and music studio
- Boxing, weightlifting, fitness classes, various sport activities, & more
- Kayaking, surfing, hiking, and fishing
- Art workshops, improv workshops, guitar lessons, dance workshops, and music camp
- Beach days, harbor walks, & volunteering
- Self Empowerment Workshops
- Therapeutic Drumming Circle
- Ping Pong, Billiards, and Card Games

GROUPS

- Peer Coaching & Clinician-led evidence-based groups
- COPE 7 Coping Skills Group (CBT)
- Dialectical Behavior Therapy Group (DBT)
- Wellness Workshops on Life Skills
- 12-step recovery meetings: Al Anon, AA for Young Persons Groups, Alateen Group
- Social Skills, Ethnic Identity, LGBTQ+ groups
- Equine Assisted Therapy (EAT)
- Addiction & Recovery Group
- Parent Education Support Groups